ALCOHOLICS ANONYMOUS

NEW HAMPSHIRE AREA 43
DISTRICT 14

SEACOAST MEETING LIST
www.seacoastaa.org
May, 2011

- **Portsmouth - Kittery - Kittery Pt.**
- **Rye - Rye Beach**
- **Exeter**
- **Hampton - No. Hampton**
- **Hampton Falls**
- **Newington**
- **New Castle**
- **Seabrook**
- **Stratham**

Call AA 1-800-593-3330
P.O. Box 447
Kittery, ME 03904
http://www.nhaa.net
Confidential
(Not to be used as a mailing list)
AL-ANON 1-800-498-1844

Names and Phone Numbers

PREAMBLE

ALCOHOLICS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

I AM RESPONSIBLE. WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF AA ALWAYS TO BE THERE. AND FOR THAT, I AM RESPONSIBLE.

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SEACOAST DIST. 14 7:00-8:00 p.m.
District Service Meeting
2nd Monday each month
St. Raphael's Church
6 Whipple Road, Kittery, Maine

CODE FOR TYPE OF MEETING

- **O** - Open Public Meeting
- **C** - Closed. AA Members & anyone who thinks they have a drinking problem.
- **D** - Discussion
- **G** - Gay / Lesbian
- **H** - Accessible to the Handicapped.
- **S** - Speaker
- **ST** - 12-Step Meeting
- **ST-T** - Steps & Traditions
- **BB** - Big Book
- **W** - Women Only
- **M** - Men Only
- **Bg** - Beginner's Meeting
- **TD** - Topic Discussion

SERENITY PRAYER
God, grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can,
and Wisdom to know the difference.

SUNDAY

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

OSH-KITTERY 8:00-9:00 a.m.
Sunday Morning Daybreak
Kittery Lions Club
Rt. 1 Kittery, Maine

CWDH-EXETER 9:00-10:15 a.m.
Womens Sunday Serenity
Exeter Hospital
New Building Conference Room #4
5 Buzell Avenue, Exeter

OSD-PORTSMOUTH 10:30-11:30 a.m.
Sunday Open Arms Group
Portsmouth City Hall, "Great Room"
1 Junkins Avenue, Portsmouth

OSDH-EXETER 2:00-3:00 p.m.
Keep it Simple Group
Senior Citizen's Center
30 Court Street

OSDH-KITTERY POINT 4:30-5:30 p.m.
Seaside Group
First Congregational Church
23 Pepperrell Road

OSTDGH-NEWCASTLE 5:30-6:30 p.m.
Stepping Over the Rainbow
Congregational Church
65 Main Street

OSD-PORTSMOUTH 6:00-7:00 p.m.
Conscious Contact Group (step 11)
Kamon House
206 Court Street

OSH-KITTERY 7:30-8:30 p.m.
Dry Dock 29
Lions Club, Route One
17 State Road

OBBH-HAMPTON 7:30-8:45 p.m.
Bring Your Big Book Group
United Methodist Church
525 Lafayette Road, Route 1

MONDAY

OBBH-PORTSMOUTH 7:00-8:00 a.m.
Good Morning Portsmouth
Unitarian Church
292 State Street

CSTH-HAMPTON 7:00-8:00 a.m.
Working the Steps
United Methodist Church
525 Lafayette Road, Route 1

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

ODH-KITTERY 7:30-8:30 a.m.
"What's Good About Today" Group
Kittery Lion's Club,
17 State Road

CWST-HAMPTON 10:00-11:30 a.m.
Women In Sobriety
United Methodist Church
525 Lafayette Road

OS-PORTSMOUTH 10:00-11:00 a.m.
Early Birds
St. Catherine's Church
845 Woodbury Avenue

OSDH-PORTSMOUTH 12:00-1:00 p.m.
Monday through Friday
Hi-Nooners
Salvation Army Building
15 Middle Street

OSD-EXETER 12:00-1:00 p.m.
It Works
Congregational Church of Exeter
21 Front Street

SDH-HAMPTON 3:00-4:00 p.m.
Monday at Three Group
United Methodist Church
525 Lafayette Road, Route 1

OWST-PORTSMOUTH 5:30-6:30 p.m.
Ladies Step Meeting
Karnan House
206 Court Street

OBBH-HAMPTON 6:30-7:30 p.m.
Hampton Big Book Group
United Methodist Church
525 Lafayette Road, Route 1

CDH-Kittery 7:00-8:00 p.m.
Mens Meeting
Lions Club
17 State Road - Route 1

OSDH-PORTSMOUTH 7:30-8:30 p.m.
Back to Basics
Salvation Army Building
15 Middle Street

OSH-RYE 7:30-8:30 p.m.
Rye Recovery
St. Theresa's Church
815 Central Road

CSD-EXETER 6:30-7:30 p.m.
Exeter Beginners Group
Harris House, Christ Church
43 Pine Street

OS-EXETER 8:00-9:00 p.m.
Exeter Monday Night
Harris House, Christ Church
43 Pine Street

TUESDAY

ODH-HAMPTON 7:00-8:00 a.m.
Hampton Beginners Group
United Methodist Church
525 Lafayette Road, Route 1

OSDH-PORTSMOUTH 7:00-8:00 a.m.
Good Morning Portsmouth
Unitarian Church
292 State Street

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

ODH-KITTERY 7:30-8:30 a.m.
"What's Good About Today" Group
Kittery Lion's Club,
17 State Road

OSTH-HAMPTON 10:00-11:30 a.m.
Stepping Stones
United Methodist Church
525 Lafayette Road, Route 1

OSDH-PORTSMOUTH 12:00-1:00 p.m.
Monday through Friday
Hi-Nooners
Salvation Army Building
15 Middle Street

ODH-EXETER 12:00-1:00 p.m.
Grapefully Sober Group
Congregational Church
21 Front Street

ODH-HAMPTON 3:00-4:00 p.m.
The Way Out Group
United Methodist Church
525 Lafayette Road, Route 1

OSD-SEABROOK 6:00-7:00 p.m.
Help for Today
Church of Christ
850 Lafayette Road (Route 1)

OST-T-PORTSMOUTH 7:00-8:00 p.m.
"One Step at a Time" Group
St. Catherine's Church
845 Woodbury Avenue

OSDH-PORTSMOUTH 7:00-8:30 p.m.
Tuesday Night Young People's
St. John's Church
101 Chapel Street

OSDBBSTH-STRATHAM 7:00-8:30 p.m.
Tuesday Stratham Big Book Step Study
Stratham Community Church
10 Emery Lane

CDH-HAMPTON 7:15-8:45 p.m.
Mens Bare Facts and Brass Tacks
Trinity Episcopal Church
200 High Street

OSDH-PORTSMOUTH 7:30-8:30 p.m.
Fresh Start
Community Campus
100 Campus Drive

CWSTH-HAMPTON 7:30-9:00 p.m.
Women's Positive Step
First Congregational Church
127 Winnacunnet Road
(back door on right)

WEDNESDAY

OTDH-PORTSMOUTH 7:00-8:00 a.m.
Good Morning Portsmouth
Unitarian Church
292 State Street

OBBDH-HAMPTON 7:00-8:00 a.m.
Big Book Discussion
United Methodist Church
525 Lafayette Road, Route 1

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

ODH-KITTERY 7:30-8:30 a.m.
"What's Good About Today" Group
Kittery Lion's Club
17 State Road

CST-PORTSMOUTH 10:00-11:30 a.m.
BYOB 12 & 12.
St. Catherine's Church
845 Woodbury Avenue

OSDH-PORTSMOUTH 12:00-1:00 p.m.
Monday through Friday
Hi-Nooners
Salvation Army Building
15 Middle Street

OSD-EXETER 1:30-2:30 p.m.
Garden Variety Group
Christ Church - 43 Pine Street
Ground Floor - Room #17

OSDH-HAMPTON 12:00-1:00 p.m.
The Lunch Bunch
United Methodist Church
525 Lafayette Road, Route 1

OBBH-KITTERY 7:00-8:00 p.m.
There is a Solution Group
St. Rafael's Church
6 Whipple Road

OSDH-PORTSMOUTH 7:00-8:00 p.m.
The Meeting at Crossroads
600 Lafayette Road

OST-STRATHAM 7:00-8:30 p.m.
Stratham Steppers
10 Emery Lane
Stratham Community Church

OSDH-PORTSMOUTH 7:30-8:30 p.m.
Higher Power Group
100 Community Campus Dr. off West Road

OS-PORTSMOUTH 7:30-8:30 p.m.
Portsmouth Reborn
St. Catherine's Church
845 Woodbury Ave.

THURSDAY

ODH-HAMPTON 7:00-8:00 a.m.
Hampton Beginners Group
United Methodist Church
525 Lafayette Road, Route 1

OSDH-PORTSMOUTH 7:00-8:00 a.m.
Good Morning Portsmouth
Unitarian Church
292 State Street

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

ODH-KITTERY 7:30-8:30 a.m.
"What's Good About Today" Group
Kittery Lion's Club
Route One, Kittery, Maine

OSD-PORTSMOUTH 10:00-11:00 a.m.
Eye Opener
St. Catherine's Church
845 Woodbury Avenue

ODH-HAMPTON 10:00-11:00 a.m.
Pass It On Group
United Methodist Church
525 Lafayette Road

OSDH-PORTSMOUTH 12:00-1:00 p.m.
Monday through Friday
Hi-Nooners
Salvation Army Building
15 Middle Street

BB-EXETER 7:00-8:30 p.m.
Exeter Big Book
Unitarian Church
12 Elm Street

CMSTH-T-KITTERY POINT 7:00-8:15 p.m.
First Congregational Church
23 Pepperell Road

OSD-PORTSMOUTH 7:30-8:30 p.m.
Living in the Solution
United Methodist Church
129 Miller Avenue

SDH-NEWCASTLE 7:30-8:30 p.m.
40+ Group
Congregational Church
65 Main Street

OSDH-HAMPTON 8:00-9:15 p.m.
Help Yourself
United Methodist Church
525 Lafayette Road, Route 1

FRIDAY

OSTH-T-PORTSMOUTH 7:00-8:00 a.m.
Good Morning Portsmouth
Unitarian Church
292 State Street

OD-HAMPTON 7:00-8:00 a.m.
Eye Openers
United Methodist Church
525 Lafayette Road, Route 1

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

ODH-KITTERY 7:30-8:30 a.m.
"What's Good About Today" Group
Kittery Lion's Club
17 State Road

OSDH-NO. HAMPTON 10:00-11:00 a.m.
Kitchen Table
United Church of Christ
295 Atlantic Ave.

OSDH-PORTSMOUTH 12:00-1:00 p.m.
Monday through Friday
Hi-Nooners
Salvation Army Building
15 Middle Street

ODH-PORTSMOUTH 5:30-6:30 p.m.
Happy Hour Group
Unitarian Church
292 State Street

OSDH-PORTSMOUTH 7:30-8:30 p.m.
Wing Ding-Community Campus
100 Campus Drive

CDH-EXETER 7:30-9:00 p.m.
"As Bill Sees It"
Senior Citizen's Building
30 Court Street (Route 108)

ODG-PORTSMOUTH 7:30-9:00 p.m.
Gays Together in Sobriety
North Church Parish House
335 Spinney Road

ODH-NEWINGTON 8:00-9:30 p.m.
Pease Big Box
Holy Trinity Lutheran Church
22 Fox Run Road

ODH-HAMPTON 8:00-9:15 p.m.
Rock and Rye
United Methodist Church
525 Lafayette Road, Route 1

OSH-PORTSMOUTH 8:00-9:00 p.m.
Faith Group
United Methodist Churc
129 Miller Avenue

SATURDAY

OD-HAMPTON (Daily) 7:30-8:30 a.m.
Beach Bums (SUMMER ONLY)
East end of High Street (on the beach)

CST-RYE 8:00-9:00 a.m.
3-7-11 Group
Rye Congregational
580 Washington Road

OSD-EXETER 8:00-9:15 a.m.
Be Happy
Unitarian Church
(Rear Hall) 12 Elm Street

OSH-KITTERY 9:00-10:00 a.m.
Kittery Original
St. Raphael's Church
6 Whipple Road

OSDBBH-NEWINGTON 9:00-10:30 a.m.
Saturday Morning Big Book Step Study
Holy Trinity Lutheran Church
22 Fox Run Road

OSDH-HAMPTON FALLS 10:00-11:00 a.m.
Just For Today
First Baptist Church
3 Lincoln Ave
(Routes. 1 & 88)

OSDH-PORTSMOUTH 2:00-3:00 p.m.
Afternoon Delight Group
United Methodist Church
129 Miller Avenue

OSDH Bg-PORTSMOUTH 7:30-8:45 p.m.
Portsmouth Original Group
St. John's Church
101Chapel Street

OSDH-EXETER 7:15-8:30 p.m.
Exeter Saturday Serenity
Senior Citizen's Building
Route 108, 30 Court Street

GROUP SECRETARIES:
Send any group amendments or meeting changes to **webmaster@seacoastAA.org**