

**SUNDAY MORNING "LIVING SOBER" MEETING  
AT PORTSMOUTH HOSPITAL'S  
BEHAVIORAL HEALTH UNIT  
(FORMERLY THE SHOALS/THE PAVILION)**

AA'S DISTRICT 14 TREATMENT COMMITTEE HAS INITIATED A SUNDAY MORNING "LIVING SOBER" MEETING FOR PATIENTS IN PORTSMOUTH HOSPITAL'S BEHAVIORAL HEALTH UNIT (BHU). WE ARE SEEKING, ON A ROTATING BASIS, INDIVIDUALS WITH A YEAR OR MORE OF SOBRIETY TO ATTEND THE MEETING EACH WEEK.

WE USE THE "LIVING SOBER" BOOK TO PROVIDE THE PATIENTS OF THE BHU WITH BASIC INFORMATION ON HOW TO LIVE NEWLY SOBER. THE BHU IS LOCKED AND SPACE IS LIMITED. THIS MEETING IS BOOKED IN WITH A "BOOKIE". WE MEET AT 10:15 SUNDAY MORNINGS IN THE PORTSMOUTH HOSPITAL CAFETERIA AND GO INTO THE UNIT AS A GROUP.

MEETING TIME: 10:30 – 11:30AM

MEET: CAFETERIA 10:15 AM

DAY: SUNDAY

WHERE: PORTSMOUTH HOSPITAL

**CONTACT: BETHANA [secretarynh14@gmail.com](mailto:secretarynh14@gmail.com)**

LENGTH OF SOBRIETY: 1YR OR MORE

GO THROUGH "MAIN ENTRANCE" OF HOSPITAL TO GET TO THE CAFETERIA. OLD SHOALS ENTRANCE IS BLOCKED.

THIS IS A GREAT OPPORTUNITY FOR TWELFTH STEP WORK. ATTENDANCE IS LIMITED TO ABOUT 8 PEOPLE EACH WEEK, DUE TO SPACE LIMITATIONS. IF YOU WOULD LIKE TO PARTICIPATE OR NEED MORE INFORMATION, PLEASE **CONTACT BETHANA AT [secretarynh14@gmail.com](mailto:secretarynh14@gmail.com).**

PLEASE INCLUDE YOUR PHONE# IN THE E-MAIL.